### Group Parents Protect Plus programme

#### Stop It Now! Wales is a child sexual abuse prevention project run by The Lucy Faithfull Foundation, a child protection charity.

Since 2008, we've been working across Wales to make sure children and young people are protected from adverse childhood experiences by preventing child sexual abuse and exploitation. Stop It Now! Wales works in partnership with the Welsh Government to make children, young people and communities safer.

## Educational group session for parents/carers

This programme provides educative educational sessions with a small group of parents identified by statutory or voluntary services as at risk, or as needing early intervention, with regard to child sexual abuse or exploitation (CSAE) but have not met the threshold for formal intervention or would benefit from educative intervention.

It results in individuals having an opportunity to create a family safety plan. We are encouraging multi-agency partners to refer a group of parents to the project for us to work through a 'whole family' approach. Our group will be comprised of a maximum of 6 parents/carers.

This will involve:

- Weekly group sessions of 2 hours duration over a period of 5 weeks
- The sessions will cover facts around child sexual abuse and our responsibility to prevent it; issues of internet safety including the impact on teenage brain development and mental health; understanding healthy developmentally expected behaviours and sexual behaviour that is not appropriate; effective ways to engage children and young people to speak about possible abuse or harmful sexual behaviour; awareness of how child sexual exploitation can happen; emerging themes such as county lines and criminal exploitation.
- Sessions will be arranged in partnership with the statutory or voluntary organisation.

We have received funding for a programme for families who have been identified as at risk, or as needing early intervention.





#### **About The Lucy Faithfull Foundation**

Since 1992 The Lucy Faithfull Foundation has been working with governments, professionals and the public to prevent the sexual abuse of children. Our vision is a world in which children's right to live free from abuse and exploitation becomes a reality.

Our mission is to prevent the sexual abuse of children and young people by working with protective adults, those affected by abuse and those perpetrating it, including young people with harmful sexual behaviour.

Our confidential Stop It Now! helpline is a safe space for anyone to discuss their worries about child sexual abuse and its prevention, including the public and professionals. Our experienced advisors don't judge and will listen to you and provide suggestions for what you can do to help keep children safe.

If you're worried about the online or offline behaviour of a child, young person or adult, or want to know what you can do to keep your children safe, we can help.

North and Mid Wales

gjones@stopitnow.org.uk

Gillian Jones

07803 629628

Call 0808 1000 900 or visit stopitnow.org.uk/helpline

#### For more information, please contact:

#### South and West Wales

Claire Short cshort@stopitnow.org.uk 07720 590129

#### Stop It Now! Cymru

c/o NSPCC Cymru Wales, Diane Engelhardt House, (Unit 2) Treglown Court, Dowlais Road, Cardiff, CF24 5LQ

www.facebook.com/stopitnowUKandireland

#### Confidential helpline: 0808 1000 900

stopitnow.org.uk parentsprotect.co.uk lucyfaithfull.org.uk

U

#### @StopItNowWales



#### **Other Stop It Now! Wales Activities**

Stop It Now! Wales acts as joint secretariat of the National Assembly for Wales Cross Party Group on Preventing Child Sexual Abuse (Saving Futures). We can attend at conferences organised by strategic partners, provide information stands at community or professionals events and offer leaflets and posters for the public or practitioners. We offer bespoke services including one-to-one interventions for family members and formal assessments. The Lucy Faithfull Foundation also offers a wide range of training and consultancy services including Safer Recruitments in Education & Wider Workforce. Please ask for more information on these services.

The Lucy Faithfull Foundation is a registered Charity No. 1013025, and is a company limited by guarantee. Registered in England No. 2729957. Registered office: 2 Birch House, Harris Business Park, Hanbury Road, Stoke Prior, Bromsgrove, B60 4DJ.

Important note: The photographic content within this document is for illustrative purposes only. All persons featured are models @ iStock and Shutterstock.

# Other professional services from Stop It Now! Wales include:

- Public education
  sessions
- Individual early intervention for vulnerable or at risk families

