

[Cynllun Gweithredu Cenedlaethol atal ac ymateb i gam-](https://llyw.cymru/sites/default/files/publications/2019-07/cynllun-gweithredu-cenedlaethol-atal-ac-ymateb-i-gam-drin-plant-yn-rhywiol.pdf) [drin plant yn rhywiol](https://llyw.cymru/sites/default/files/publications/2019-07/cynllun-gweithredu-cenedlaethol-atal-ac-ymateb-i-gam-drin-plant-yn-rhywiol.pdf)

Adnoddau

[National Action Plan preventing and responding to child](https://gov.wales/sites/default/files/publications/2019-07/national-action-plan-preventing-and-responding-to-child-sexual-abuse.pdf) [sexual abuse](https://gov.wales/sites/default/files/publications/2019-07/national-action-plan-preventing-and-responding-to-child-sexual-abuse.pdf)

Resources

Gorffennaf/July 2021

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|  | **Plant a Phobl Ifanc/ Children and young people** | **Rhieni a gofalw yr / Parent**  **and carers** | **Godi ymwybyddi aeth/ Public awareness** | **Ymarferwyr/ Practitioners** |
| Atal Cam-drin Plant yn Rhywiol  – Popeth rydym angen ei wybod/ ‘It’s time we talked about it’ campaign  [Dolen/Link](https://www.stopitnow.org.uk/wales/its-time-we-talked-about-it/) |  |  | Red check mark icon tick symbol in red color Vector Image |  |
| Mae’r posteri diogelu hyn wedi cael eu datblygu ar gyfer ysgolion i gynorthwyo plant a phobl ifanc i 'siarad allan'.  These safeguarding posters have been developed for schools to support children and young people to ‘speak out’.  [Dolen/Link](https://hwb.gov.wales/repository/discovery/resource/4d70707b-5636-466b-b22c-40eccae431be/en?sort=recent&strict=1) | Red check mark icon tick symbol in red color Vector Image |  |  | Red check mark icon tick symbol in red color Vector Image |

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| Ymateb i gam-drin plant yn rhywiol: Dysgu oddi wrth wasanaethau plant yng Nghymru- Briff ac argymhellion [Dolen](https://www.csacentre.org.uk/documents/ymateb-i-cprh-dysgu-oddi-wrth-wasanaethau-plant-yng-nghymru-briff/)  Responding to child sexual abuse: Learning from children’s services in Wales - Briefing and recommendations  [Link](https://www.csacentre.org.uk/documents/responding-to-csa-childrens-services-wales-briefing/) |  |  |  | Red check mark icon tick symbol in red color Vector Image |
| Posteri i addysgu pobl ifanc am berthnasoedd iach, gan gynnwys ble i fynd am gefnogaeth.  [Dolen](https://hwb.gov.wales/repository/discovery/resource/3fa4acc7-d451-4044-9ce0-87704c4d0004/cy?sort=recent&strict=1)  Posters to teach young people about healthy relationships, including where to go for support.  [Link](https://hwb.gov.wales/search?query=healthy%20relationships&strict=true&popupUri=%2FResource%2F3fa4acc7-d451-4044-9ce0-87704c4d0004) | Red check mark icon tick symbol in red color Vector Image |  |  |  |
| Mae ein hymgyrch – Atal Cam- drin Plant yn Rhywiol – Popeth rydym angen ei wybod– ar fynd ledled Cymru.  [Dolen- Rhieni a gofalwyr](https://www.stopitnow.org.uk/wp-content/uploads/2020/02/Child_Sexual_Abuse_Prevention_Parents_WELSH_OCT18.pdf) [Dolen- Ymarferwyr](https://www.stopitnow.org.uk/wp-content/uploads/2020/02/Child_Sexual_Abuse_Prevention_Professionals_WELSH_OCT18.pdf)  [What we all need to know](https://www.stopitnow.org.uk/wales/what-we-all-need-to-know/) child sexual abuse prevention campaign- key child protection information, resources and advice to families and professionals across Wales.  [Link - Parent/carers](https://www.stopitnow.org.uk/wp-content/uploads/2020/02/Child_Sexual_Abuse_Prevention_Parents_ENGLISH_OCT18.pdf) [Link - Practitioners](https://www.stopitnow.org.uk/wp-content/uploads/2020/02/Child_Sexual_Abuse_Prevention_Professionals_ENGLISH_OCT18.pdf) |  | Red check mark icon tick symbol in red color Vector Image | Red check mark icon tick symbol in red color Vector Image | Red check mark icon tick symbol in red color Vector Image |

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| Mae’r canllaw hwn i ymarferwyr sy’n gweithio gyda phlant:  [Yr hyn mae angen i ni i gyd ei](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now-What-We-All-Need-To-Know-PROFESSIONALS-WELSH_June2021.pdf) [wybod](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now-What-We-All-Need-To-Know-PROFESSIONALS-WELSH_June2021.pdf)  This guide is primarily for practitioners working with children:  [What We All Need To Know](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now-What-We-All-Need-To-Know-PROFESSIONALS-ENGLISH_June2021.pdf)  [Cadw plant a phobl ifanc](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now_What-We-All-Need-To-Know-STONEWALL-WELSH_June2021.pdf) [LGBTQ+ yn ddiogel rhag](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now_What-We-All-Need-To-Know-STONEWALL-WELSH_June2021.pdf) [camdriniaeth rywio](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now_What-We-All-Need-To-Know-STONEWALL-WELSH_June2021.pdf)  [Keeping LGBTQ+ children](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now_What-We-All-Need-To-Know-STONEWALL-ENGLISH_June2021.pdf) [and young people safe from](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now_What-We-All-Need-To-Know-STONEWALL-ENGLISH_June2021.pdf) [sexual abuse](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now_What-We-All-Need-To-Know-STONEWALL-ENGLISH_June2021.pdf)  [Cadw plant ag anableddau](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now-What-We-All-Need-To-Know-LDW-Children-WELSH_June2021.pdf) [dysgu yn ddiolgel rhag cam-](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now-What-We-All-Need-To-Know-LDW-Children-WELSH_June2021.pdf) [drin rhywiol](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now-What-We-All-Need-To-Know-LDW-Children-WELSH_June2021.pdf)  [Keeping children with](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now-What-We-All-Need-To-Know-LDW-Children-ENGLISH_June2021.pdf) [learning disabilities safe from](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now-What-We-All-Need-To-Know-LDW-Children-ENGLISH_June2021.pdf) [sexual abuse](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now-What-We-All-Need-To-Know-LDW-Children-ENGLISH_June2021.pdf)  [Gwybodaeth i rieni a gofalwyr](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now_What-We-All-Need-To-Know-LDW-parents-WELSH_June2021.pdf) [ag anabledd dysgu](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now_What-We-All-Need-To-Know-LDW-parents-WELSH_June2021.pdf)  [Information for parents and](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now_What-We-All-Need-To-Know-LDW-Parents-ENGLISH_June2021.pdf) [carers with a learning](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now_What-We-All-Need-To-Know-LDW-Parents-ENGLISH_June2021.pdf) [disability](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now_What-We-All-Need-To-Know-LDW-Parents-ENGLISH_June2021.pdf)  [Hawdd ei Ddeall -](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now-What-We-All-Need-To-Know-Easy-Read-WELSH_June-2021.pdf) [gwybodaeth i rieni a goflwyr](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now-What-We-All-Need-To-Know-Easy-Read-WELSH_June-2021.pdf) [ag anabledd dysgu](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now-What-We-All-Need-To-Know-Easy-Read-WELSH_June-2021.pdf) |  | Red check mark icon tick symbol in red color Vector Image  Red check mark icon tick symbol in red color Vector Image  Red check mark icon tick symbol in red color Vector Image  Red check mark icon tick symbol in red color Vector Image |  | Red check mark icon tick symbol in red color Vector Image |

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| [Easy Read information for](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now-What-We-All-Need-To-Know-Easy-Read-ENGLISH_June-2021.pdf) [parents and carer with a](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now-What-We-All-Need-To-Know-Easy-Read-ENGLISH_June-2021.pdf) [learning disability](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now-What-We-All-Need-To-Know-Easy-Read-ENGLISH_June-2021.pdf)  [Cadw plant o leiafrifoedd](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now_What-We-All-Need-To-Know-WELSH-EYST_June2021.pdf) [ethnig yn ddiogel rhag](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now_What-We-All-Need-To-Know-WELSH-EYST_June2021.pdf) [camdriniaeth rywiol](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now_What-We-All-Need-To-Know-WELSH-EYST_June2021.pdf)  [Keeping ethnic minority](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now_What-We-All-Need-To-Know-ENGLISH-EYST_June2021.pdf) [children safe from sexual](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now_What-We-All-Need-To-Know-ENGLISH-EYST_June2021.pdf) [abuse](https://www.stopitnow.org.uk/wp-content/uploads/2021/06/Stop-It-Now_What-We-All-Need-To-Know-ENGLISH-EYST_June2021.pdf)  [**Bengali**](https://bit.ly/3qCRxVe) **(pdf)** [**Sorani**](https://bit.ly/3w6ecL4) **(pdf)** [**Somali**](https://bit.ly/3AniBg3) **(pdf)** [**Urdu**](https://bit.ly/2SBcy6i) **(pdf)** [**Arabic**](https://bit.ly/3w8zVSi) (pdf) [**Farsi**](https://bit.ly/3y2kigG) (pdf) [**Spanish**](https://bit.ly/2UU1VfK) **(pdf)** [**Portuguese**](https://bit.ly/3h4G3qA) (pdf)  [**Simplified Chinese**](https://bit.ly/3AbM5gH) (pdf)  [**Polish**](https://bit.ly/3jpgBh7) (pdf) [**Romanian**](https://bit.ly/3jv1ens) (pdf) [**Hindi**](https://bit.ly/2Tjgskw) (pdf) |  | Red check mark icon tick symbol in red color Vector Image  Red check mark icon tick symbol in red color Vector Image |  |  |

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| Atal cam-drin plant yn rhywiol- Sesiynau addysg gyhoeddus [Dolen](https://www.stopitnow.org.uk/wp-content/uploads/2020/07/Public-Sessions-Leaflet-CYM-1.pdf)  Keeping children safe project – public education sessions [Link](https://www.stopitnow.org.uk/wp-content/uploads/2020/07/Public-Sessions-Leaflet-ENG-1-2.pdf) |  | Red check mark icon tick symbol in red color Vector Image | Red check mark icon tick symbol in red color Vector Image | Red check mark icon tick symbol in red color Vector Image |
| Ymyrraeth gynnar unigol ar gyfer teuluoedd agored i niwed neu mewn perygl  [Dolen](https://www.stopitnow.org.uk/wp-content/uploads/2020/07/Early-Intervention-Leaflet-CYM.pdf)  Individual early intervention for vulnerable or at risk families [Link](https://www.stopitnow.org.uk/wp-content/uploads/2020/07/Early-Intervention-Leaflet-ENG.pdf)  Rhaglen Grwp Rhieni yn Amddiffyn a mwy  [Dolen](https://www.stopitnow.org.uk/wp-content/uploads/2020/07/Group-Parents-Protect-Leaflet-CYM.pdf)  Group Parents Protect Plus programme  [Link](https://www.stopitnow.org.uk/wp-content/uploads/2020/07/Group-Parents-Protect-Leaflet-ENG.pdf) |  | Red check mark icon tick symbol in red color Vector Image |  |  |
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| [Easy Read - Keeping children](https://gov.wales/sites/default/files/publications/2021-06/keeping-children-safe-from-sexual-exploitation-easy-read_0.pdf) [safe from sexual exploitation](https://gov.wales/sites/default/files/publications/2021-06/keeping-children-safe-from-sexual-exploitation-easy-read_0.pdf)  [Youth Friendly- Keeping](https://gov.wales/sites/default/files/publications/2021-06/keeping-children-safe--from-child-sexual--exploitation-youth-friendly.pdf) [children safe from child](https://gov.wales/sites/default/files/publications/2021-06/keeping-children-safe--from-child-sexual--exploitation-youth-friendly.pdf) [sexual- exploitation](https://gov.wales/sites/default/files/publications/2021-06/keeping-children-safe--from-child-sexual--exploitation-youth-friendly.pdf) | Red check mark icon tick symbol in red color Vector Image | Red check mark icon tick symbol in red color Vector Image |  |  |
| Gadewch i blant wybod eich bod yn gwrando/[Let children know](https://learning.nspcc.org.uk/research-resources/2019/let-children-know-you-re-listening) [you're listening](https://learning.nspcc.org.uk/research-resources/2019/let-children-know-you-re-listening)  Gadewch i blant wybod eich bod yn gwrando Pwysigrwydd sgiliau rhyngbersonol oedolion o ran helpu i wella profiadau datgelu gwybodaeth plant. [Dolen](https://learning.nspcc.org.uk/media/1665/let-children-know-listening-briefing-welsh.pdf)  Let children know you’re listening - The importance of an adult’s interpersonal skills in helping to improve a child’s experience of disclosure. [Link](https://learning.nspcc.org.uk/media/1664/let-children-know-listening-briefing-english.pdf) |  |  |  | Red check mark icon tick symbol in red color Vector Image |
| Gwella- Ffordd o Gefnogi Plant sydd â Hanes o Drawma Gwella- Ways of Supporting Children with Trauma Histories [Dolen/Link](https://www.barnardoscymruhub.org.uk/resources) |  |  |  | Red check mark icon tick symbol in red color Vector Image |
| Adnodd ar gyfer rhieni nad ydynt yn cam-drin, lle mae plant yn destun ymchwiliad cam-drin plant yn rhywiol [Dolen](https://www.stopitnow.org.uk/wp-content/uploads/2021/02/WG-Non-Abusing-Parent-Guide_WELSH_FEB21.pdf)  Resource for non-abusing parents where children are subject to a child sexual abuse investigation.  [Link](https://www.stopitnow.org.uk/wp-content/uploads/2021/02/WG-Non-Abusing-Parent-Guide_FEB21.pdf) |  | Red check mark icon tick symbol in red color Vector Image |  |  |

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[proffesiynol](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.barnardos.org.uk%2Fsites%2Fdefault%2Ffiles%2F2021-05%2FCYM%2520-%2520WG%2520Harmful%2520Sexual%2520Behaviour-%2520PROFESSIONAL%2520GUIDE.docx&data=04%7C01%7CSam.Clutton%40gov.wales%7C4446e67a2e114a84da6808d929915eee%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637586526594342391%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=U2J5Cm3%2BMFcMP1c5i0ycVRJ8YasdTlQ6yK0Lr%2BYfsjg%3D&reserved=0)  [Harmful Sexual 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| [Adnoddau i ategu ymarfer](https://www.checkyourthinking.org/language/cy/) [diogelu gyda phobl ifanc, i'w](https://www.checkyourthinking.org/language/cy/) [defnyddio gam bawb sy'n](https://www.checkyourthinking.org/language/cy/) [gweithio gyda phobl ifanc ac](https://www.checkyourthinking.org/language/cy/) [yn gofalu amdanynt.](https://www.checkyourthinking.org/language/cy/)  [Check Your Thinking –](https://www.checkyourthinking.org/) [Resources to support](https://www.checkyourthinking.org/) [safeguarding practice with](https://www.checkyourthinking.org/) [young people, for use by all](https://www.checkyourthinking.org/) [those working with and caring](https://www.checkyourthinking.org/) [for young people.](https://www.checkyourthinking.org/)  Mae’r animeiddiad byr hwn wedi’i greu ar gyfer pobl ifanc. [https://youtu.be/YT-](https://youtu.be/YT-tftwYUzg) [tftwYUzg](https://youtu.be/YT-tftwYUzg)  Mae’r animeiddiad yn seiliedig ar [negeseuon](https://www.checkyourthinking.org/yr-ymchwil/) [ymchwil](https://www.checkyourthinking.org/yr-ymchwil/) gan bobl ifanc, yn ogystal â gofalwyr ac ymarferwyr.  This short animation is designed for young people <https://youtu.be/xOjq3Ihl-sE> The animation is based on the [research messages](https://www.checkyourthinking.org/research/) from young people, and from carers and practitioners too. | Red check mark icon tick symbol in red color Vector Image |  |  | Red check mark icon tick symbol in red color Vector Image |